# Table 3 - Recycled Content Conversion Table (Pounds to %) *

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of Material</td>
<td>Material Weight (lb)</td>
<td>Post-Consumer Recycled Content (lb)</td>
<td>Post-Consumer Recycled Content (%)</td>
<td>Pre-Consumer Recycled Content (lb)</td>
<td>Pre-Consumer Recycled Content (%)</td>
</tr>
</tbody>
</table>

* When the Post-Consumer and Pre-Consumer Recycled Content of any material are provided in pounds, Table 3 may be used for calculating the percentages of the recycled contents in each material. Table 3 shall not be used for assembly calculations.

**Step 1** - Insert the type of material into Column A.

**Step 2** - Insert the weight of material (provided by the manufacturer or other source) into Column B.

**Step 3** - Insert the weight of Post-Consumer Recycled Content (provided by the manufacturer or other source) into Column C.

**Step 4** - Insert the weight of Pre-Consumer Recycled Content (provided by the manufacturer or other source) into Column E.

**Step 5** - Divide the values in Column C by the values in Column B; insert the Post-Consumer Recycled Content of each material in percentages into Column D.

**Step 6** - Divide the values in Column E by the values in Column B; insert the Pre-Consumer Recycled Content of each material in percentages into Column F.

**Step 7** - Transfer the percentages of Post-Consumer and Pre-Consumer Recycled Content from Column D and Column F to Table 1, Columns E and F.