

ESG & ESG-CV Office Hours

3/2/2022



How to ask a question...

- Question Format:
 - All questions must be submitted in the chat box
 - Please type your organization and question into the chat box
 - The team will read questions out loud at the end of the presentation and will provide answers if possible throughout the presentation
 - All questions and answers entered into the chat box will be recorded as part of the public record



Agenda

- Announcements
- ESG/ESG-CV Updates
- Office Hours Update
- ESG/ESG-CV Q&A
- Brown Bag Session: Trauma Informed Care

New ESG/ESG-CV Training Calendar Site

- HCD has created a Training Calendar site that will display all the upcoming trainings that are being held by the ICF Training & Technical Assistance Team through the Emergency Solutions Grant: Coronavirus Relief Consulting and Staffing Services contract.
- On the site you will find the dates, times, and links to register for various trainings. This calendar will be updated on a regular basis as new trainings get announced, so please check this site regularly to see what upcoming training opportunities you are interested in.
- Click here to access the training site: <https://express.adobe.com/page/gtlz01kDaLkpl/>

ESG Updates

2021 ESG Applications

- We just finished our Review
- Award announcements will be mid-March 2022 (posted to our ESG webpage)

2020 ESG (annual) Contracts

Detailed Expense Reports (DERs)

- Use our DER form to submit with each RFF. If you need a blank one, contact your ESG Rep.
- Be detailed and itemize out as much as possible on the DERs
- **Staff Charges: Provide Staff TITLES!**

ESG Updates

2020 Contracts - continued

- **Expenditure Deadline: July 7, 2022**
 - Be sure you are expending your ESG annual funds

ESG Updates

ESG Team Members:

- Diana Prado
- Giovanni Martinez
- Sarah Theobald
- Tuesday Cool
- Sam Lieu
- Anthony Zepeda

We have realigned our grant management territories. You may have a new ESG Grant Rep.

Please reach out to your Rep or contact us at: ESGNOFA@hcd.ca.gov

ESG-CV Reminders & Updates

- ESG-CV subrecipients should have received an email from their Grant Administrator asking to complete a survey if interested in receiving additional funds. Link to survey: https://docs.google.com/forms/d/e/1FAIpQLScWpbdASne8dhFYNtABB-oMII_To5leOF2QAFDtfZhVoVK0zQ/viewform
- If you are interested, please complete the survey by March 3rd.
- If you are not interested and will not be completing the survey, please inform your Grant Administrator via email.
- Continue to work towards submitting your February RFF and Budget Amendments for cleaning up Indirect Costs

HCD Office Hours Updates

Upcoming Office Hours topics:

- 3/9/2022: CES: Assessing the assessment
- 3/16/2022: Coordinated Entry System FAQ
- 3/23/2022: Racial Equity and Data (HMIS and HDIS)
- 3/30/2022: Engagement with DV Providers (CES, CoC Board)

COVID Response Resources

Standing Up Infection Control Measures:

- [Alternative Approaches to Sheltering](#)
- [Shelter Preparedness Checklist](#)
- [Creative Staffing Solutions \(See Appendix 1\)](#)
- [COVID Informational Flyers](#)
- [Vaccine Messaging Toolkit](#)
- [Eligible ESG Program Costs for Infectious Disease Preparedness](#)

CDC and NHCHC Guidance:

- [Strategies for Proactive Universal Testing](#)
- [Guidance for Service Providers to Respond to COVID](#)

ESG Resource Links

[ESG Regulations](#) - (update published April 2017)

[ESG-CV Notice](#)

General ESG Information

- [HUD ESG Landing Page](#)
- [ESG Program Overview](#)
- [ESG Program HMIS Manual](#)
- [ESG Minimum Habitability Standards ES and Permanent Housing](#)

[ESG Standards and Inspections](#)

[Habitability Example Checklist](#)

TA Resources:

- [Disease Risks and Homelessness](#) - landing page for resources on a wide range of topics
- [ESG-CV Notice Summary](#)
- [Flexibilities/Waivers Granted by the CARES Act + Mega Waiver and Guidance](#) - applicable Waivers on pages 11-14
- [Strategies to Design and Implement a Successful ESG-CV Program](#)
- [IDIS Fact Sheet for ESG and ESG-CV Funds Setup](#)
- [ESG-CV Quarterly Reporting Calendar](#)
- [National Alliance RRH Toolkit](#)

Questions?



Contact Us...

- If you have any further questions, please contact us:
 - Annual ESG – Please reach out to your ESG Representative or ESG@hcd.ca.gov
 - ESG-CV – Please reach out to your Grant Administrator

Trauma Informed Care

- Ashley Kerr
- Erica Snyder



What is trauma-informed care?

- Trauma-informed Care (TIC) is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma
- It emphasizes physical, psychological and emotional safety for both clients and providers, and helps survivors rebuild a sense of control and empowerment

- Individual trauma results from an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening and that has lasting adverse effects on the individual's functioning and mental, physical, social, emotional, or spiritual wellbeing

“Trauma is when we have encountered an out of control, frightening experience that has disconnected us from all sense of resourcefulness or safety or coping or love.”

Tara Brach, 2011

Traumatic Events: The Basics

When someone has been in situations where they feared for their life, believed they would be injured, witnessed violence, or tragically lost a loved one, they may show signs of traumatic stress

Often includes a response of intense fear, helplessness, or horror

Examples: Bullying, community violence, homelessness, sexual violence, intimate partner violence, medical trauma, disasters, pandemic, traumatic grief, robbery or other crime, other physical abuse/violence



Variables Affecting Trauma Severity

- Type of event and intensity of exposure
- Frequency of trauma (one-time, ongoing)
- How it happens (witness, learned about it)
- When it happened (child, adult)
- Quality of the response
- Was disassociation present?
- Access to support and resources

Event(s)

Experience of event(s)

Effect

Realize

Recognize

Respond

Resist Re-traumatization

- Strong and prolonged activation of the body's stress management systems in the absence of the buffering protection of adult support
- Disrupts brain architecture and leads to stress management systems that respond at relatively lower thresholds, thereby increasing the risk of stress-related physical and mental illness

Secondary Trauma

Often known as vicarious trauma or compassion fatigue

The emotional duress that comes from when an individual hears about the firsthand trauma experiences of another

If not identified and if there are no resources available to support staff, organizations will see burnout and high turnover rates

“Trauma-informed services do not need to be focused on treating symptoms or syndromes related to trauma. **Rather, regardless of their primary mission** – to deliver primary care, mental health, addictions services, housing, etc. - **their commitment is to provide services in a manner that is welcoming and appropriate to the special needs of those affected by trauma.**”

(Harris & Fallot, 2001)

- The nature of trauma is complex
- Trauma affects people in different ways
- Trauma recovery is possible, but it is challenging and takes time
- Trauma-informed approaches shift the focus from “What’s wrong with you?” to “What happened to you?”

“A non-trauma-informed system punishes and blames your adult actions and asks, ‘what’s wrong with you?’ A trauma-informed provider will hold you accountable for your adult actions, but give you space and time to process ‘what happened to you?’ without adding guilt and more trauma.” – Health system client

- Some key principles fundamental to a trauma-informed approach include:
 1. Safety
 2. Trustworthiness and transparency
 3. Peer support
 4. Collaboration and mutuality
 5. Empowerment, voice, and choice
 6. Cultural, historical, and gender issues



Trauma Informed Principles

When systems and organizations are committed to integrating these principles at every level, they should consider the following:

- Power and control – whose needs are being served and do policies empower those being served or those providing the service (e.g., is emphasis being placed on control rather than the comfort of those being served)
- Doing with and not doing to
- Explaining what, why and how
- Offering real choices
- Flexibility
- Understanding and being able to identify fight, flight and freeze responses
- Focusing on strengths, not deficits
- Examining power issues within the organization and promoting democratic principles (Poole, 2013)

Key Ingredients for Trauma-Informed Care

Organizational	Services/Clinical
Leading and communicating about the transformation process	Involving clients in the services process
Engagement clients in organizational planning	Recognizing the signs of trauma/be mindful how staff screen for trauma with clients
Training clinical and non-clinical staff	Training staff in trauma-specific treatment/services approaches
Creating a safe environment	Engaging referral sources and partnering organizations
Preventing secondary traumatic stress in staff	
Hiring a trauma-informed workforce	

- What can an organization do to implement a trauma-informed approach?
 - Policies & Procedures
 - Location
 - What else?

- [Trauma-Informed: The Trauma toolkit](#)
- [Facing the Facts: Trauma-Informed Practices in Homeless Intervention Services](#)
- [Trauma-Informed Care Implementation Resource Center](#)
- [National Child Traumatic Stress Network](#)
- [SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach](#)
- [Trauma-Informed Design: How the Physical Environment Supports Recovery from Homelessness](#)
- [The Increasing Need for Trauma-Informed Care Shelters](#)
- [Delivering Trauma-Informed Services](#)

- [Vicarious Trauma Resources](#)
- [OVC TTAC Vicarious Trauma](#)
- [Self Care Wheel](#)
- [Professional Quality of Life Tools](#)
- [A Guide to Understanding and Coping with Compassion Fatigue](#)
- [The Venn Diagram Tool: Identifying Your Risk Factors for Work-Related Stress](#)
- [Vicarious Trauma Toolkit: A Blueprint for a vicarious trauma-informed organization](#)
- [Resources on Vicarious Trauma: Self Care and Strategies by Organizations to Support Wellness](#)
- Books:
 - The Compassion Fatigue Workbook by Francois Mathieu
 - Trauma Stewardship: An everyday guide to caring for self while caring for others by Laura Van Dernoot Lipsky and Connie Burk

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